



Ljubljana

Anaesthesia Study Tour to Slovenia, Croatia and Bosnia

10 – 19 September 2020

WFSA 2020 post congress tour





Dubrovnik

This fascinating study tour follows on from the 17th World Congress of Anaesthesiologists in Prague from September 5-9, 2020. Take the train from Prague on a great railway journey via Vienna on the UNESCO-listed Semmering route to Ljubljana. Explore this stunning city and the beautiful Slovenian countryside and visit spectacular Lake Bled. Travel by train to Zagreb in Croatia before continuing by road to Sarajevo. Drive through dramatic mountain landscapes to the lovely towns of Mostar and Pocitelj before ending in Dubrovnik. There is a range of professional visits reflecting the development of anaesthesia in these three countries.

Start your journey with a breathtakingly scenic train journey from Prague to Ljubljana via Vienna. Depart Prague in the morning and arrive in Vienna several hours later to change trains onto Villach. Here you will take the UNESCO-listed Semmering Route, first built in the mid-1800s, a pioneering railway that was one of the greatest feats of civil engineering of the time. This stunning route is one of the great railway journeys of Europe. Complete the journey by air-

conditioned coach into Ljubljana and check into your city-centre hotel.

The beautiful capital of Slovenia is also one of Europe's greenest. Car traffic is restricted in the city centre, with the leafy riverbanks of the emerald green Ljubljanica River kept free for pedestrians and cyclists. In good weather the riverbanks throng with hundreds of people enjoying the terrace seating of cafes and bars in a city full of stunning architecture. On your first morning visit the Simulation Centre of the Community Health Centre in Ljubljana, which is



Take the UNESCO-listed Semmering route



Santa Maria Church on Lake Bled, Slovenia

Slovenia's first simulation centre at the primary level. Meet with staff and tour the facilities before an afternoon and evening at leisure.

Next morning drive to one of Slovenia's most famous sights – beautiful Lake Bled, justifiably famous for its picture-postcard church on an islet and the medieval castle clinging to a rocky cliff, with some of the highest peaks of the Julian Alps and the Karavanke as backdrop. Take a boat out to Bled Island and visit the Church of Mother of God. Return to the mainland and take a guided tour of Bled Castle which offers spectacular views of the surrounding mountains and countryside.

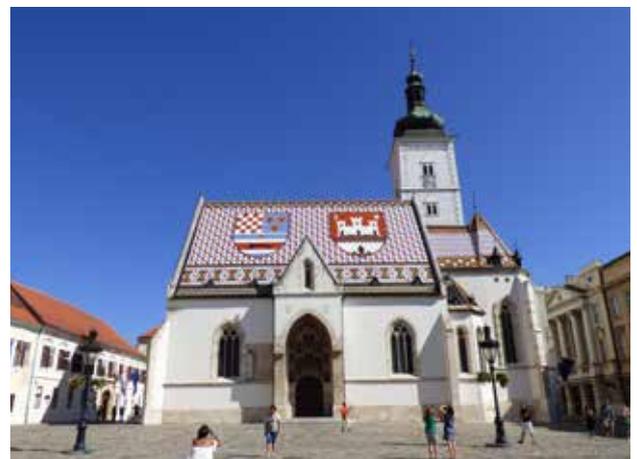
Return to Ljubljana to walk along the riverbank, taking in Preseren Square and the Town Hall. Take the funicular up to the castle and explore this mighty medieval fortress. Return to the river and board a cruise for a river-eye view of the lovely Slovenian capital.

Next morning take the train to Zagreb, another spectacular train journey. Arrive Zagreb early afternoon and explore the lovely city, famous for its wonderful 18th- and 19th-century Austro-Hungarian architecture. Take a walking tour of downtown Zagreb and wander through the Upper Town's old red-roof and cobblestone streets, where the skyline is skewered with delicate church spires.

Your professional visit next morning is to a specialist hospital for orthopaedic surgery. Spend the morning here and meet the staff before an afternoon at leisure.

Depart Zagreb the next morning and head to Bosnia and Herzegovina for the lovely town of Banja Luka. Stop for a visit before continuing to the capital of Sarajevo, arriving later in the afternoon. Relax after your journey before a short orientation walk to dinner.

A fascinating professional visit in the morning examines the medical care received during the harrowing siege of Sarajevo. In the afternoon take a walking and coach tour and learn about the city's long history. Sarajevo's idyllic setting, its diverse heritage and its beauty make it one of Europe's most intriguing cities. A singular city where East meets West and ringed by mountains, it is both fascinating and spectacular. Its history is well known, especially during the twentieth century, for the assassination of Franz



St Mark's Church, Zagreb (top); Sarajevo Town Hall (above)



Ferdinand, the catalyst for the start of WW1, and the 4-year long siege in the 90s.

Visit the site of the assassination of Franz Ferdinand, walk down historic Kazandziluk Street, where craftsmen have worked for centuries, visit the Jewish Quarter and see the cathedral. Experience Sarajevo's intriguing architectural medley, its vibrant street life and irrepressible spirit.

Next day depart Sarajevo for the town of Mostar, famous for its iconic Old Bridge (Stari Most). Visit a 17th century Ottoman house and take a walking tour of the old town before dinner. At dusk the lights of numerous millhouse restaurants twinkle, Kujundžiluk bustles with trinket sellers and its famous bridge forms a majestic stone arc between medieval towers.

The following day drive to Dubrovnik via Pocitelj, another jaw-droppingly lovely town. This stepped medieval fortress village is set in a steep rocky amphitheatre, crisscrossed with narrow stone paths lined with stone buildings. Continue to Dubrovnik.

Lord Byron called Dubrovnik 'the pearl of the Adriatic' and his words still chime true today. Dubrovnik is a remarkably beautiful city with an enviable natural setting perched high above the Adriatic Sea. Magnificent honey stone walls encircle the old city, guarding its baroque churches, monasteries, marble streets and town squares as they have done since medieval times. A history rich in culture and a long artistic tradition can be found in the museums, galleries and buildings, with a backdrop view of green islands studding the vivid blue Adriatic. Take a walking tour of the walled city and visit the Rector's Palace before a farewell dinner in the evening.

Depart Dubrovnik the following day or extend your stay

If you wish to attend the tour but are not going to the congress, then you can either join the tour in Prague or meet the group in Ljubljana on the 11th September.



Stari Most, Mostar (top); The rooftops of Dubrovnik (above)

Itinerary 10 – 19 September 2020

B = Breakfast **L** = Lunch **D** = Dinner

3 nights Ljubljana – 2 nights Zagreb – 2 nights Sarajevo – 1 night Mostar – 1 night Dubrovnik

10 Sept (Thur) Prague / Ljubljana

Am Depart Prague and take the train to Vienna
Pm Arrive Vienna and change trains to Ljubljana (there is a quick change of trains in Villach). Take the UNESCO-listed Semmering route and check into the central City Hotel

11 Sept (Fri) Ljubljana

B D

Am Visit the Simulation Centre of the Community Health Centre Ljubljana (CHC Ljubljana)
Pm Enjoy a walking tour along the riverbanks of Ljubljana. Take the funicular up to the medieval castle to explore and learn about the city's history. Return to the riverside and take a cruise along the river

12 Sept (Sat) Ljubljana

B L

Am Drive through the Slovenian countryside to beautiful Lake Bled. Take a boat out to Bled Island and visit the Church of Mother of God. Return to the mainland and take a guided tour of Bled Castle with spectacular views
Pm After lunch at Bled Castle return to Ljubljana where the rest of your afternoon is at leisure

13 Sept (Sun) Ljubljana / Zagreb

B D

Am Scenic train journey to Zagreb
Pm Arrive into Zagreb early afternoon. Walking tour of downtown Zagreb. Walk down the city's oldest streets of Upper Town and Kaptol, see Jelacic Square, the cathedral, Dolac Market and St Mark's Church

14 Sept (Mon) Zagreb

B L

Am Professional visit to special hospital for orthopaedic surgery
Pm At leisure

15 Sept (Tue) Zagreb / Sarajevo

B L D

Am Depart Zagreb and head to Bosnia and Herzegovina for the town of Banja Luka
Pm Arrive Sarajevo in the late afternoon, with time to relax before a short orientation walk to dinner

16 Sept (Wed) Sarajevo

B L

Am Professional visit examining the medical care received during the siege of Sarajevo
Pm Walking and city tour of historic Sarajevo. Visit the site of the assassination of Franz Ferdinand, Kazandziluk Street, where craftsmen have worked for centuries, the Jewish Quarter, and the Tunnel of Hope

17 Sept (Thur) Sarajevo / Mostar

B D

Am Depart Sarajevo to the pretty town of Mostar, known for its iconic old bridge
Pm Visit Biscevic House, a 17th-century Ottoman house, and enjoy a walking tour of the medieval town before dinner

18 Sept (Fri) Mostar / Pocatelj / Dubrovnik

B D

Am Drive to Dubrovnik via Pocatelj and take a walking tour of the old town including a visit to the Mosque
Pm Visit the Rector's Palace
Eve Farewell dinner

19 Sept (Sat) Dubrovnik

B

Am Depart Dubrovnik or extend your stay

Lake Bled (Credit - www.slovenia.info, Jošt Gantar)





Korcula

Extension

There is the option to extend your stay along the beautiful Dalmatian coast after the tour. You can either stay longer in Dubrovnik or take a short cruise along the coast to Split, visiting the stunning islands of Croatia en route.



Cruise: Dubrovnik to Split (4-night cruise departing Saturday)

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|----------------------|-----------------------------------------------------------------------|------------|
| 19 Sept (Sat) | Dubrovnik | D |
| Am | Board the yacht in Dubrovnik and overnight on board | |
| 20 Sept (Sun) | Dubrovnik | B L |
| Am | At leisure in Dubrovnik | |
| Pm | Lunch on board and overnight in Dubrovnik | |
| 21 Sept (Mon) | Dubrovnik / Pomena (Mljet Island) | B L |
| Am | Sail to Pomena, a hidden port on idyllic Mljet Island. Lunch on board | |
| Pm | Overnight in Pomena | |
| 22 Sept (Tue) | Pomena / Hvar Island (Jelsa) | B L |
| Am | After breakfast on board sail to beautiful Hvar Island | |
| Pm | Lunch on board and at leisure on Hvar Island. Overnight in Jelsa | |
| 23 Sept (Wed) | Jelsa / Bol (Brac Island) / Split | B L |
| Am | Morning swim at the famous Zlatni Rat beach | |
| Pm | Lunch on board and continue to Split, where you disembark | |

Jon Baines Tours can assist with any additional accommodation required in Dubrovnik or after the cruise.



Kastel Banja Luka, Bosnia

Tour Leader

Dr Paul Clyburn recently retired as a consultant anaesthetist. During his career at the University Hospital of Wales in Cardiff, Paul had various management and leadership roles including clinical director of anaesthesia and theatre services, and for many years was surgical division lead for quality and safety. Paul has a long-standing interest in education and training: he held positions as college tutor, deputy regional adviser and was a Royal College examiner for the primary and final FRCA examination for 12 years. He was elected to the council and board of the Association of Anaesthetists of Great Britain and Ireland in 2008, served as honorary treasurer between 2011-14 and was its president between 2016-18. In his past president year, he chaired the Association's Heritage Committee.

He was an editor of the journal *Anaesthesia* for 12 years and edited several obstetric anaesthesia textbooks, including the popular *Oxford Handbook of Obstetric Anaesthesia*, and *Obstetric Anaesthesia for Developing Countries*. The latter was adopted as the manual for the SAFE Obstetric Anaesthesia course, which has helped train anaesthesia providers in over 30 low and middle income countries worldwide.

The cost of the tour is €2,856 (excluding International flights and airport transfers)

The cost includes:

- 9 nights' accommodation in medium grade twin bedded rooms with private facilities

Single supplement €474

- Tour leader (Paul Clyburn)
- Meals as per the brochure
- A full programme of professional and cultural visits, including admission fees where applicable
- Transport by train (Prague to Ljubljana and Ljubljana to Zagreb) and private coach
- Services of English-speaking local guides
- Tips

The cost excludes:

- International flights and airport transfers
- Meals not mentioned and drinks with meals
- All optional excursions, tours and visits
- Travel insurance
- Visa (if required)

Flights:

Flights are not included in the cost of the tour, but we can assist with booking them for you. Please get in touch for further details.

For full details and prices of the extension cruise, please get in touch with our London or Melbourne office. All cruise options are subject to availability.



Pocitelj, Bosnia

About Us

To travel with us is to dig below the surface, revealing the deeper destination. Of course, you will visit the great historical sites; marvel at the wonders of architecture and engineering; be moved by the riches of culture and art; and experience the most spectacular landscapes in the world. What we also do is make sure that you see the country as it is today, giving you privileged access that independent travel and other tour companies rarely get close to. We give you a variety of experiences, from the sublime to the humble, in the company of intelligent, curious, like-minded people. And while we can be worthy, we also make sure that you have a lot of fun.

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Ljubljana (Credit - www.slovenia.info, Andrej Tarfila) (top); Bled Castle; Ghazi Husrev Bey's Mosque, Sarajevo; Clocktower, Dubrovnik (above)



Jon Baines
tours

